

Why Are We All So Afraid?

Perspectives on How Fear and Risk Impact Birth

April 17, 2009

Center for Urban Horticulture
Seattle, Washington

Internationally Featured Speakers; Powerful Presentations



Hype or Help? The Media and Maternity Care.

Jennifer Block, Author and Journalist

Issues such as home birth, cesarean section, and maternity care in general have been getting more attention in recent months in print media, television, and film, and the amount of information accessible on the web continues to grow. How is modern childbirth being portrayed and how are mothers being portrayed? How does this affect pregnant women's knowledge and attitudes toward birth? Is the information age helping women make more informed choices or making them more fearful?



Balancing Fear and Faith: Risk Estimation in Modern Obstetrics.

Andrew Kotaska, MD, FRCSC

Dr. Kotaska's presentation will include: What is "normal" birth and why is it important to define? The language and the culture of risk. Overestimating obstetrical risk. Industrial versus normal birth. Fear versus faith in modern obstetrics. An interactive question and answer session.



Enhancing Confidence and Reducing Fear

Kathy McGrath, MSW, LSW, FACCE, LCCE, CD(DONA)

Fear is a stumbling block to many women who are trying to achieve a normal birth. Learn how it affects labor progress and birth outcomes, and discover specific strategies to help clients reduce fears and develop the confidence needed to have a positive, satisfying birth experience.



The Effects of Fear and Risk on Obstetric Practice

Dawn Russell, MD, OB/GYN

Dr. Dawn Russell, MD, OB/GYN at Evergreen Women's Care in Kirkland, Washington will cover the life experience, education and training processes for a practicing OB/GYN. She'll explain how these processes influence her practice and decision making.

\$110 by April 1st
\$120 after April 1st

Registration and contact hour information at: www.REACHE.info